

JUNE JOURNAL — Creating a Beautiful Home

“Whatever you put around yourself, you will be the mirror of it.
Surround yourself with things you love.” — *Marcel Wanders*

1. Pull out your Beauty Inspiration/Icon that you choose on day one. **What were your 3 words to describe them?**

2. Using one of your words from your inspirational figure, let's brainstorm some simple ways you might bring some of that word into your home:

Sight: What visually could you add or clean up or organize in your home / decor to make it more like the word you picked? Can you add some beautiful flowers that feel energetic? A throw pillow in a color you love that speaks to boldness?

Sound: Could you add some ambience to your home and your home life with some music, say in the kitchen or a your living room that feel joyful? Or maybe the T.V. needs to leave a certain room to make it more peaceful (like a bedroom)?

Scent: What scent would make your home feel like your word? Is it a candle, or an oil diffuser? Or how about a houseplant like a lemon plant who's blooms could scent your kitchen or foyer? Or how about baking a few cookies to make it smell welcoming?

Touch: Does your home need to be more touchable? Maybe the sheets need to be replaced on your bed for cooler, sleeker cotton ones. Make that sofa need a soft touchable blanket on it for cuddling up in.

4. Pick one to do today!